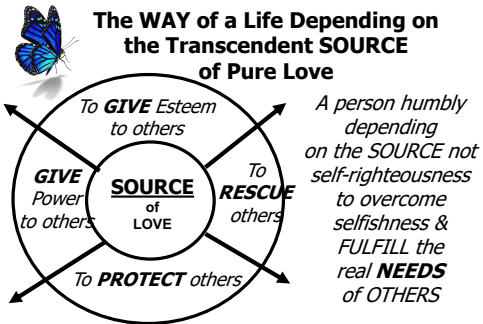
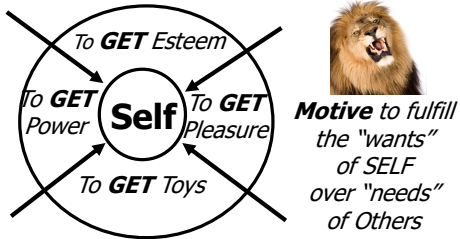
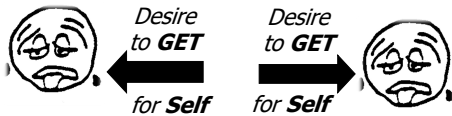


Filled & Overflowing

The "way" of a Self-centered Life
Disconnected from SOURCE of Love becomes blind self-centered, self-pleasing, self-deification

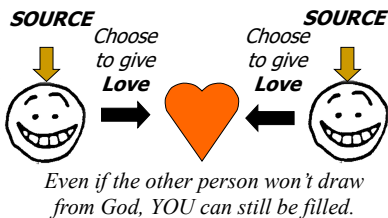


"Natural" Way is to pull from others to feel loved and secure.



"Natural" way cannot fill the HOLE in the SOUL.
"There's a way that seems right, but it ends in death."
 Proverbs 14:12

The "Supra"-Natural Way is to draw from the Creator & give the overflow to others



Choose Your Way

Conflict vs. Peacemaking
Ephesians 6:10 ff & Luke 9:23-26

- **World's Way** naturally is to defend & please self.
 - It blindly sacrifices others for selfish wants & desires.
 - But it ends up either giving up or blowing up.
 - The attitude & the arms defending or attacking.
- **God's Way** of *cross-type* love "Stands Strong"
 - On the "nails" driven through your feet & hands
 - NAILS are the bonds & vows of responsibility
 - SPLINTERS are hurtful people & circumstances
 - **Motive** = Deny selfish wants to meet needs of others

Heart to Heart Communication

- **GOAL** is understanding, **NOT** "winning".
- Requires humble (= *prayerful*) listening for the heart
 - The Letters of "LISTEN" rearranged = "SILENT"
- **DON'T Assume! UNDERSTAND!**
 - Ask que. about what the person says.
 - Ask, "Are you saying ?"
 - Keep trying until your partner says: "Yes! That's what I've been trying to get you to understand!"
 - Only then is it fair for you to agree or disagree.
 - Even disagreements should be done with obvious love.

DIAGRAMS FOR: Agape-Centered Peer-to-Peer Counseling

Ancient Wisdom Matching Modern Therapy

Unselfish agape-love is the the Source, the Way, & the Goal for mature character & relationships.

Use with my discussions & website articles



Informal Personal, Couple, Family

RESOURCES ONLINE

SidGalloway.com

GallowaySid@Gmail.com

Especially see the following two essays:

"JESUS'S MODEL OF PSYCHOTHERAPY & SOCIAL HARMONY: Ancient Wisdom That Matches Effective Evidence-Based Models" (CBT, ACT, DBT, etc.)

& "PEER-SUPPORT COUNSELING NETWORKS"

SidGalloway.com

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Linda Galloway, BS, R.N.

STRONG Love is the Way

People Everywhere are Struggling & Hurting
We all at times need others for comfort, advice, & guidance.

What if there was a "WAY" to build & grow
strong peace & joy to withstand life's storms?

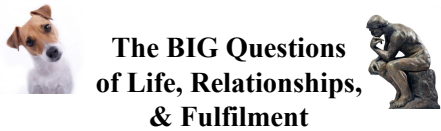
Good News there's a way & it's not complicated.
- It's the timeless & time tested "way" of agape – love.

It's simple, yet not easy, because of one main thing.
- We're all infected with inherent selfishness (anti-love).

"Survival of the Coolest"?
(Cruel becomes "cool")



Good Shepherd's WAY
is the opposite
 Acts 9:2; 19:9
 Matthew 22:39
 Philippians 2:4



The BIG Questions of Life, Relationships, & Fulfilment

- ORIGINS** - *Where'd LOVE come from?*
- PURPOSE** - *Why are we here?*
- SUFFERING** - *Human & Animal?*
- DEATH** - *Eternity & Existence?*

Everyone Agrees that "LOVE" is the highest valued virtue!
(every religion, philosophy, even atheism)

But what KIND of Love?
 - I love ice cream? My dog?
 - I love my spouse? My kids?

It's unselfish, self-sacrificing love to save others.
It's the Universal Law of all Morality.

What **SOURCE?** SELF or the CREATOR of Love?
 What **WAY?** SELF righteousness or humble dependence?

DRAWN from the Source

Imperfect Bodies – Imperfect Brains
Disorder devolution dysfunction disease death

- Errors in DNA** (mutations), fetal growth, hormones
- Birth trauma** (hypoxia)
- Accidents** (head injuries)
- Diseases** (brain tumors)
- Medications at times** are needed.
- Good News:** Even when bio-medical issues are involved, the principles of Compassion Centered Counseling are helpful.



Created for Socialization / Discipleship
(either for bad or for good)

YAWNING effect.
 We are socially contagious?

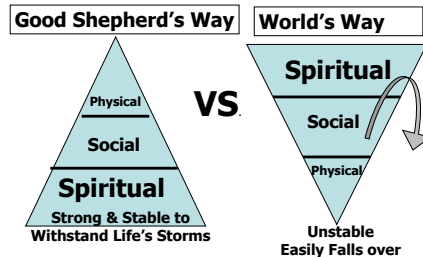
"Bad company corrupts good (love) morals"

1 Cor 15:33

One SOURCE for Pure Compassionate Love



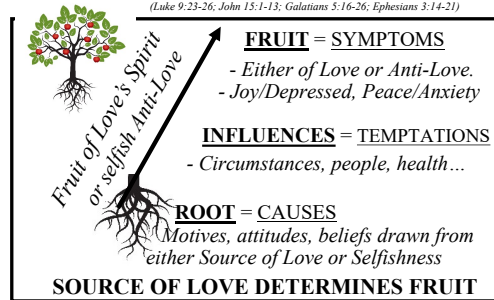
FOUNDATIONS for LIFE? (Mat 7)



SOLVING People-Problems

The "WAY" of the **BRANCH** for JOY

(Luke 9:23-26; John 15:1-13; Galatians 5:16-26; Ephesians 3:14-21)



Solving "People-Problems"
(for the benefit / blessing of others)

2 Timothy 3:16



- People** - Socialization in relationships
- Purpose** - Teaching the goal, the way
- Problem** - Conviction of dysfunction
- * 3-Dimensions (Symptoms, Temptations, Causes)
- Plan** - Correction & new WAY
- Practice** - Training character habits



People Problems in 3-D

- Symptoms (FRUIT)** Gal 5:16-25; Jam 1:13ff
 - Fruit of Holy Spirit OR the Flesh
 - Joy vs Depression, peace vs anxiety ...
- Temptations (Influences)**
 - Your boss, spouse, kids, etc....
 - Providential Pressures, NOT excuses
- Causes (ROOT of SELFISHNESS = SIN)**
 - Holy Spirit or Flesh (John 15)
 - Body, Toys, Esteem (1 John 2:16)
 - Painful Pursuit of Pleasure
 (James 1:1-18; 4:1-9)



3 Categories of ROOT CAUSES
 Each one is a motive of selfishness
 Often combines all three. (Gen 3; 1 John 2:19)



- Selfish Desires of the EYES (visual pleasures)**
 * Like "toys", jewelry, cars, houses, pornography,
- Selfish Desires of the FLESH (physical pleasures)**
 * Like food, alcohol, drugs, adultery, etc.
- Selfish Desires to be ESTEEMED (Idolized)**
 * It's a subtle form of wanting to be worshiped, like "God"